

Exam. Code : 403001

Subject Code : 7585

Dip. in Counselling 1<sup>st</sup> Semester

## INTRODUCTION TO COUNSELLING

## Paper-I

Time Allowed—3 Hours]

[Maximum Marks—100

**Note :** Attempt any **five** questions. Each question shall carry **20** marks.

1. Describe in brief the history of counselling.
2. What is counselling ? Describe the main purposes of counselling.
3. Describe confidentiality as an ethical issue in counselling.
4. Describe the human characteristic that forms the basis of counselling.
5. Explain the role and functions of counsellor in middle and high school settings.
6. Explain the training programmes for counsellors in community and agency settings.
7. Describe the training of counsellors for employment counselling.
8. Describe the counselling process to solve a problem with the help of an example.